

SHSU Catalog (2025/2026)

## Bachelor of Science, Health Sciences (3+2 Accelerated BS & MSAT)

CORE REQUIREMENTS		Department of Public Health Department of Kinesiology		936.294.2660 936.294.1398	health@shsu.edu kinesiology@shsu.edu		
Course Name		Hours	TCCNS		SHSU		
Communication (6 hours)							
Composition I		3	ENGL 1301	I.	ENGL 1301		
Composition II		3	ENGL 1302	F	ENGL 1302		
Mathematics (3 hours)							
Pre-Calculus Algebra		3	MATH 1314	N	MATH 1314		
Life & Physical Sciences (6 hours) <sup>1</sup>							
Choose <u>two</u> courses from your current Texas community college's core approved list.							
Language, Philosophy, & Culture (3 hours) <sup>2</sup>							
Choose one course from your current Texas community college's core approved list.							
Creative Arts (3 hours)							
Choose one course from your current Texas community college's core approved list.							
American History (6 hours)							
United States History to 1876		3	HIST 1301	I	HSTY 1301		
United States History since 1876		3	HIST 1302	I	HSTY 1302		
Government/Political Science (6 hours)							
American Government		3	GOVT 2305	I	POLS 2305		
Texas Government		3	GOVT 2306	I	POLS 2306		
Social & Behavioral Science (3 hours) <sup>3</sup>							
Choose <u>one</u> course from your current Texas community college's core approved list.							
Component Area Option Recommendations (6 hours) <sup>4</sup>							
Choose <u>two</u> courses from your current Texas community college's core approved list.							

MAJOR REQUIREMENTS Full degree can be found here: https://www.shsu.edu/programs/bachelor-of-science-in-health-sciences/

Course Name	Hours	TCCNS	SHSU
Elementary Statistics	3	MATH 1342	MATH 1342
Introduction to Psychology	3	PSYC 2301	PSYC 1301
Human Anatomy & Physiology I <sup>1</sup>	4	BIOL 2401	BIOL 2403
Human Anatomy & Physiology II <sup>1</sup>	4	BIOL 2402	BIOL 2404
Lifetime Health & Wellness	1	PHED 1164	KINE 2115
Nutrition	3	HECO 1322	FSCN 2362
Inorganic & Environmental Chemistry OR General Chemistry I <sup>1</sup>	4	CHEM 1406 CHEM 1411	CHEM 1406 CHEM 1411
Plane Trigonometry	3	MATH 1316	MATH 1316
Public Speaking	3	SPCH 1315	COMS 1361
General Biology I OR General Zoology	4	BIOL 1406 BIOL 1413	BIOL 1406 BIOL 2413
General Physics-Mechanics and Heat w/lab	4	PHYS 1301/1101	PHYS 1301/1101

<sup>\*</sup>SHSU accepts a maximum of 70 credit hours: 66 academic hours + 4 hours of activity-based physical education (kinesiology) hours. Students must earn a 2.0 minimum overall GPA in all coursework, overall major GPA in all major coursework, SHSU GPA in all coursework, and SHSU major GPA in all major coursework to complete the BS in Health Sciences degree.

The MSAT program has a minimum GPA requirement of 3.25 or higher. For more specific MSAT admission requirements, please see the Graduate Catalog page.

- 1 Satisfies Core Curriculum requirement for Component Area III (Life and Physical Science). BIOL 2403 and BIOL 2404 and CHEM 1406 or 1411 are required prerequisites for the MSAT program and require a grade of "C" or higher.
- 2 SOCI 2319 recommended and satisfies the Core Curriculum requirement for Component Area IV (Language, Philosophy, and Culture). SOCI 2319 is a recommended (not required) prerequisite for admission to the MSAT program.
- 3 PSYC 1301 satisfies the Core Curriculum requirement for Component Area VIII (Social & Behavior Sciences).
- 4 COMS 1361 and KINE 2115 satisfy the Core Curriculum requirement for Component Area IX (Component Area Option).